



Present a 10 Mile Time Trial on
Course Q10/30 (A299 Thanet Way)
(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Sunday 11 Aug 2024 at 07:00

START SHEET

Timekeepers: (Start) Dave Mastin
(Finish) Andy McCall
(Assistant) Chris Burrows

Awards –

1 st Male on scratch	£30
2 nd Male on scratch	£20
3 rd Male on scratch	£10
1 st Fastest Female on scratch	£30
2 nd Fastest Female on scratch	£20
3 rd Fastest Female on scratch	£10
1 st Road bike	£25
2 nd Road bike	£15
3 rd Road bike	£10
Fastest Vet (40-49)	£10
Fastest Vet (50-59)	£10
Fastest Vet (60-69)	£10
Fastest Vet (70-79)	£10
Fastest Vet (80-89)	£10
Team of 3	£10 each

COMPETITORS NOTES

1. In the interest of safety, CTT Regulations state that ALL riders **MUST** wear recognised protective headgear that meets an internationally accepted safety standard.
2. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
3. **WITHOUT** lights or helmet you will **NOT BE PERMITTED** to start

4. Parking is **not permitted within 25 metres of the start** or at the finish.
5. Riders must not warm up on the course after the start.
6. It would be appreciated if riders do not wear shoe plates in the HQ.
7. Numbers will be available at the HQ and issued at signing on.
8. Numbers should be centrally positioned below the waist so as to be clearly visible from the rear.
9. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
10. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.

EVENT HQ/SIGN ON

St. Bartholomew's Church Hall, King Edward Ave, Herne Bay, CT6 6EB, on street parking ONLY. Open from 06:00 ish!!

HQ TO THE START

The Head quarters are 1.5 miles to the start. Turn left out of King Edward Ave onto Mickleburgh Hill, follow the road until it takes you across Blacksole bridge onto Margate Rd, this will lead you to the roundabout to gain access to the Thanet Way. Continue on Thanet way for about 0.5 miles then take the slip road for Reculver and turn left onto Sweechbrige Road where you will find the start.

AT THE END OF THE RACE

Remember you must return to the event HQ as soon as possible, even if DNF, to sign out, return your number and check to see if you are required for DOPING CONTROL. Failure to sign out WILL result in DNF.

Yummy refreshments will be available 😊🍰

RESULTS

Do not approach the finish timekeeper after finishing.

Results will be available on the day (fingers crossed)!!! please hang around for the prize presentation 😊

Q10/30 COURSE DETAILS - Start at eastern end of 1st drain in May Street, just before entrance to Southern Water Services Depot (TR208673). Proceed via service road to join A299, continue on A299 to St Nicholas at Wade RAB, take 3rd exit to Monkton RAB (5.472 miles). Turn and retrace A299 to finish west of the Roman Galley PH on slip road to Chislet, 4 yards before last LP FUV010 before turning left on slip road (TR225676).

Event Secretary

Paul Burrows, 26, Orchard Gardens, Westbrook, Kent, CT9 5JT. 07973666443. paulburrows604@gmail.com

Bib	Start Time	Name		Machine	Club
1	7.01	Andy	Burrows	TT Bike	Thanet RC
2	7.02	Carol	Tsang	Road Bike	Southborough & Dist. Whs
3	7.03	Andy	MacPherson	TT Bike	VC Deal
4	7.04	Avinash	Mahandru	TT Bike	Parlay CC
5	7.05	Colin	Ashcroft	TT Bike	West Kent RC
6	7.06	Jon	Hollidge	TT Bike	Ashford Whs
7	7.07	Brian	Hood	TT Bike	Thanet RC
8	7.08	David	Smith	TT Bike	VC de Londres
9	7.09	Rowena	Howey	Road Bike	Southborough & Dist. Whs
10	7.10	Paul	Burrows	Road Bike	Thanet RC
11	7.11	Tim	Kingston	Road Bike	GS Invicta - Eye Level Optical- Herbert Cycles
12	7.12	Paul	Flaherty	Road Bike	VC Deal
13		No Rider			
14	7.14	Fiona	Howarth	TT Bike	VC Deal
15	7.15	Mark	Hill	TT Bike	VeloRefined Rule 5
16	7.16	David	Prom	TT Bike	Abellio - SFA Racing Team
17	7.17	Colin	Inett	TT Bike	Thanet RC
18	7.18	Laurence	Toombs	TT Bike	West Kent RC
19	7.19	Nigel	Fry	Road Bike	Southborough & Dist. Whs
20	7.20	Mathew	Lister	TT Bike	Thanet RC
21	7.21	Paul	Smith	TT Bike	VeloRefined Rule 5
22	7.22	Pete	Elms	TT Bike	Thanet RC
23	7.23	Dave	Richards	Road Bike	Abellio - SFA Racing Team
24	7.24	Abigail	Langley	TT Bike	Thanet RC
25	7.25	Andrew	Meilak	TT Bike	VeloRefined Rule 5
26	7.26	Alex	Milne	TT Bike	Ashford Tri Club
27	7.27	Anthony	Westwood	TT Bike	Gravesend CC
28	7.28	Michael	Philpot	TT Bike	Royal Navy Cycling (RNC)
29	7.29	Debbie	Percival	TT Bike	Medway Velo Club
30	7.30	Kevin	Tye	TT Bike	VeloRefined Rule 5
31	7.31	Gary	Grayland	TT Bike	CC Bexley
32	7.32	Maria	Sparks	TT Bike	Ashford Whs
33	7.33	Peter	Huckstep	TT Bike	Thanet RC
34	7.34	Matthew	Smith	Road Bike	VC Deal
35	7.35	Nicholas	Fennell	TT Bike	Thanet RC